



**The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, go to [www.medica.com](http://www.medica.com) or call 952-945-8000 (Minneapolis/St. Paul Metro area) or 1-800-952-3455. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary](http://www.healthcare.gov/sbc-glossary) or call 1-800-952-3455 to request a copy.



Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$2,000 per person/ \$4,000 per family in-network and \$4,000 per person/ \$8,000 per family for out-of-network services.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay.
Are there services covered before you meet your deductible?	Yes. Preventive care, preventive prescriptions and prenatal care from in-network providers.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits">https://www.healthcare.gov/coverage/preventive-care-benefits</a> .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	\$2,000 per person/ \$4,000 per family in-network, \$8,000 per person/ \$16,000 per family for out-of-network services.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family out-of-pocket limit must be met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See <a href="http://www.medica.com/findcare">www.medica.com/findcare</a> or call 1-800-952-3455 or 711 (TTY users) for a list of Medica Choice with UnitedHealthcare network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without a referral.



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	<b>Primary care:</b> 0% coinsurance <b>Chiropractic:</b> 0% coinsurance <b>Retail Health:</b> 0% coinsurance <b>Virtual:</b> 0% coinsurance	<b>Primary:</b> 40% coinsurance <b>Chiropractic:</b> 40% coinsurance <b>Retail Health:</b> 40% coinsurance <b>Virtual:</b> 40% coinsurance	Limited to 15 visits per member, per year for out-of-network chiropractic care.
	Specialist visit	0% coinsurance	40% coinsurance	---none---
	Preventive care/screening/immunization	No charge. Deductible does not apply.	40% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. Routine physicals and eye exams are not covered out-of-network.
	Diagnostic test (x-ray, blood work)	Lab: 0% coinsurance X-ray: 0% coinsurance	40% coinsurance	---none---
If you have a test	Imaging (CT/PET scans, MRIs)	0% coinsurance	40% coinsurance	---none---

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<p>If you need drugs to treat your illness or condition</p> <p>More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.medica.com/drugcost2">www.medica.com/drugcost2</a></p>	Generic drugs	<p><b>Retail:</b> 0% <a href="#">coinsurance</a>  <b>Mail order:</b> 0% <a href="#">coinsurance</a>  <b>Preventive:</b> No charge. <a href="#">Deductible</a> does not apply.</p>	40% <a href="#">coinsurance</a>	<p>Up to a 31-day supply/ retail or 93-day supply/ mail order prescription. Mail order drugs not covered out-of-network. Insulin: Your cost-share will not exceed \$25 per retail prescription unit.</p>
	Preferred brand drugs	<p><b>Retail:</b> 0% <a href="#">coinsurance</a>  <b>Mail order:</b> 0% <a href="#">coinsurance</a>  <b>Preventive:</b> No charge. <a href="#">Deductible</a> does not apply.</p>	40% <a href="#">coinsurance</a>	
	Non-preferred brand drugs	<p><b>Retail:</b> 0% <a href="#">coinsurance</a>  <b>Mail order:</b> 0% <a href="#">coinsurance</a>  <b>Preventive:</b> Benefit does not apply.</p>	40% <a href="#">coinsurance</a>	
<p>If you have outpatient surgery</p>	<a href="#">Specialty drugs</a>	<p><b>Preferred:</b> 0% <a href="#">coinsurance</a>  <b>Non-Preferred:</b> 0% <a href="#">coinsurance</a></p>	Not covered	<p>Up to a 31-day supply per prescription received from a designated specialty pharmacy.</p>
	Facility fee (e.g., ambulatory surgery center)	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	---none---
	Physician/surgeon fees	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	---none---
<p>If you need immediate medical attention</p>	<a href="#">Emergency room care</a>	0% <a href="#">coinsurance</a>	0% <a href="#">coinsurance</a>	In-network <a href="#">deductible</a> and out-of-pocket applies.
	<a href="#">Emergency medical transportation</a>	0% <a href="#">coinsurance</a>	0% <a href="#">coinsurance</a>	In-network <a href="#">deductible</a> and out-of-pocket applies.
	<a href="#">Urgent care</a>	0% <a href="#">coinsurance</a>	0% <a href="#">coinsurance</a>	In-network <a href="#">deductible</a> and out-of-pocket applies.
<p>If you have a hospital stay</p>	Facility fee (e.g., hospital room)	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	---none---
	Physician/surgeon fees	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	---none---

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	---none---
	Inpatient services	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	---none---
If you are pregnant	Office visits	<b>Prenatal care:</b> No charge. <a href="#">Deductible</a> does not apply. <b>Postnatal care:</b> 0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	<a href="#">Cost sharing</a> does not apply to in-network <a href="#">preventive services</a> . Depending on the type of services, a <a href="#">copayment</a> , <a href="#">coinsurance</a> or <a href="#">deductible</a> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. certain ultrasounds.)
	Childbirth/delivery professional services	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	
	Childbirth/delivery facility services	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	Limited to 40 visits per member per year in and out-of-network combined.
	<a href="#">Home health care</a>	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	Physical and occupational therapy combined limited to 20 visits out-of-network per member per year. Out-of-network speech therapy is limited to 20 visits per member per year.
If you need help recovering or have other special health needs	<a href="#">Rehabilitation services</a>	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	Physical and occupational therapy combined limited to 20 visits out-of-network per member per year. Out-of-network speech therapy is limited to 20 visits per member per year.
	<a href="#">Habilitation services</a>	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	Physical and occupational therapy combined limited to 20 visits out-of-network per member per year. Out-of-network speech therapy is limited to 20 visits per member per year.
	<a href="#">Skilled nursing care</a>	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	30 day limit combined in and out-of-network per member per year.
	<a href="#">Durable medical equipment</a>	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	---none---
If your child needs dental or eye care	<a href="#">Hospice services</a>	0% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	---none---
	Children's eye exam	No charge. <a href="#">Deductible</a> does not apply.	Not covered	---none---
	Children's glasses	Not covered	Not covered	Glasses are not covered by the <a href="#">plan</a> .
	Children's dental check-up	Not covered	Not covered	Dental check-ups are not covered by the <a href="#">plan</a> .



**Excluded Services & Other Covered Services:**

**Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of other [excluded services](#).)**

- |  |  |  |
|--|--|--|
| <ul style="list-style-type: none"> <li>● Acupuncture exceeding 15 visits per member per year for in-network and out-of-network acupuncture services combined.</li> <li>● Bariatric surgery</li> <li>● Chiropractic care exceeding 15 visits per member per year out-of-network.</li> <li>● Cosmetic surgery</li> </ul> | <ul style="list-style-type: none"> <li>● Dental care (Adult)</li> <li>● Dental check-up</li> <li>● Glasses</li> <li>● Hearing aids except for members 17 years of age and younger who are certified as deaf or hearing impaired if prescribed by a physician or licensed audiologist; coverage is limited to one hearing aid every three years.</li> </ul> | <ul style="list-style-type: none"> <li>● Infertility treatment</li> <li>● Long-term care</li> <li>● Private-duty nursing</li> <li>● Routine foot care except for specified conditions</li> <li>● Weight loss programs</li> </ul> |
|--|--|--|

**Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)**

- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)





**Your Rights to Continue Coverage:**

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Medica at 1-800-952-3455 or for group health coverage subject to ERISA, Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform); for all other group health coverage, Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:**

There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: for group health coverage subject to ERISA, Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform); for all other group health coverage you may also contact Medica at 1-800-952-3455 or the Wisconsin Office of Commissioner of Insurance at (608) 266-3585 or 1-800-236-8517.

**Does this Plan Provide Minimum Essential Coverage? Yes**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

**Does this Plan Meet the Minimum Value Standard? Yes**


If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

**Language Access Services:**

- Spanish (Español): Para obtener asistencia en Español, llame al 800-952-3455.
- Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 800-952-3455.
- Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 800-952-3455.
- Navajo (Dine): Dine'ehgo shika at'ohwolnininisigo, kwijigo holne' 800-952-3455.

----- To see examples of how this plan might cover costs for a sample medical situation, see the next section. -----

**About these Coverage Examples:**

 **This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
 (9 months of in-network pre-natal care and a hospital delivery)

- **The plan's overall deductible:** \$2,000
- **Specialist coinsurance:** 0%
- **Hospital (facility) coinsurance:** 0%
- **Other coinsurance:** 0%

**This EXAMPLE event includes services like:**  
 Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
<i>Cost Sharing</i>	
<u>Deductibles</u>	\$2,000
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$2,060</b>

In this example, Peg would pay:

**Managing Joe's type 2 Diabetes**  
 (a year of routine in-network care of a well-controlled condition)

- **The plan's overall deductible:** \$2,000
- **Specialist coinsurance:** 0%
- **Hospital (facility) coinsurance:** 0%
- **Other coinsurance:** 0%

**This EXAMPLE event includes services like:**  
 Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
<i>Cost Sharing</i>	
<u>Deductibles</u>	\$2,000
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Joe would pay is</b>	<b>\$2,000</b>

In this example, Joe would pay:

**Mia's Simple fracture**  
 (in-network emergency room visit and follow up care)

- **The plan's overall deductible:** \$2,000
- **Specialist coinsurance:** 0%
- **Hospital (facility) coinsurance:** 0%
- **Other coinsurance:** 0%

**This EXAMPLE event includes services like:**  
 Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
<i>Cost Sharing</i>	
<u>Deductibles</u>	\$2,000
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$2,000</b>

In this example, Mia would pay:

The plan would be responsible for the other costs of these EXAMPLE covered services.

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